

# MERS Statement on Russia/Ukraine Impact on Investment Markets

February 25, 2022



We know you may have questions regarding increased volatility within global markets, particularly with Russia's invasion of Ukraine. While tensions between these countries have been rising for years, the current military action creates concerns about the impact on financial markets and the global economy.

When market alerts, political events and financial news dominate headlines and fill newsfeeds, investors may feel compelled to react. As a result, we often are excited to buy when markets are up, then panic and sell when markets are down. This is why it's important to identify your core investment principles and remain steadfast in times of turmoil.

A geopolitical crisis such as this can cause temporary market volatility. Maintaining a diversified investment portfolio – or spreading your money across many types of investments – can help you manage short-term volatility risk while you pursue long-term investment goals.

To learn more about how MERS is managing our Defined Benefit Portfolio, please review the [statement issued recently by our Chief Investment Officer, Jeb Burns](#).