Rollover Guide

This chart provides a guick summary of the do's and don'ts of retirement plan rollovers.



Rollover To:

			MERS 457		Other Governmental 457(b)		MERS Defined Contribution 401(a)	Other Employer Provided Plans		MERS or other IRA			
			Pre-tax	Designated Roth	Pre-tax Account	Roth Account	15 1(4)	Qualified Pre-tax Plan²	Designated Roth Account	Tradi- tional	Roth	SIMPLE	SEP
Rollover From:	MERS 457	Pre-tax	Yes	Yes ^{3,4}	Yes	No	Yes	Yes	No	Yes	Yes ³	Yes ¹	Yes
		Designated Roth	No	Yes	No	Yes ⁵	No	No	Yes ⁵	No	Yes	No	No
	Other Governmental 457 Plan	Pre-tax Account	Yes	No	Yes	Yes ^{3,4}	Yes	Yes	No	Yes	Yes ³	Yes ¹	Yes
		Designated Roth Account	No	Yes ⁵	No	Yes⁵	No	No	Yes ⁵	No	Yes	No	No
	MERS Defined Contribution 401(a)		Yes ⁶	No	Yes ⁶	No	Yes	Yes	No	Yes	Yes ³	Yes ¹	Yes
	Other Employer Provided Plans	Qualified Pre-tax Plan²	Yes ⁶	No	Yes ⁶	No	Yes	Yes	Yes ^{3,4}	Yes	Yes ³	Yes ¹	Yes
		Designated Roth Account	No	Yes ⁵	No	Yes ⁵	No	No	Yes ⁵	No	Yes	No	No
	MERS or other IRA	Traditional	Yes ⁶	No	Yes ⁶	No	Yes	Yes	No	Yes ⁷	Yes ³	Yes ^{1,7}	Yes ⁷
		Roth	No	No	No	No	No	No	No	No	Yes ⁷	No	No
		SIMPLE	Yes ¹	No	Yes ¹	No	Yes ¹	Yes ¹	No	Yes ^{1,7}	Yes ^{1,3}	Yes ⁷	Yes ^{1,7}
	M	SEP	Yes ⁶	No	Yes ⁶	No	Yes	Yes	No	Yes ⁷	Yes ³	Yes ^{1,7}	Yes ⁷

¹ Only allowed after two years of participation in the SIMPLE plan

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² Qualified Plans include 401(k), money purchase, profit-sharing, ESOP (stock bonus plans or money purchase plans) contributions minus dividends, and defined benefit plans

³ Must include in taxable income

⁴ Must be an in-plan rollover

⁵ Must be a direct trustee-to-trustee transfer

⁶ Must have separate accounts

⁷ Only one rollover in any 12-month period